

Disaster Preparedness Kit Checklist

- **Water**

One gallon per person, per day.

- **Non-perishable food**

Four days worth of packaged or canned foods with a can opener. Examples include peanut butter, ready-to-eat canned meat, fruits and veggies, protein and fruit bars, dried fruit, crackers, nuts, and dry cereal.

- **Headlamp or flashlight with extra batteries**

- **NOAA hand crank radio**

- **Warm blanket**

One per person. Sleeping bags are another alternative.

- **Change of clothes**

One set per person. Shirt, long pants, and sturdy shoes. Consider additional layers if you live in a colder climate.

- **Personal hygiene items**

Toothbrush, toothpaste, feminine hygiene products, moist towelette, etc. Be sure to also include items like toilet paper and garbage bags.

- **First aid kit**

- **Emergency whistle**

- **Copies of important documents and emergency cash**

Many of the items you need in your disaster preparedness kit are day-to-day personal and household items. You need to be ready to take care of yourself for at least 96 hours after a disaster strikes. This basic checklist will help you start the process of pulling those items into one place.

CHILDREN DISASTER KIT

If you have children, be prepared to have some additional items in your disaster kit:

- **A favorite stuffed animal or toy**

- **Entertainment kit**

Books, games, coloring books, puzzles

- **Infant formula and/or baby food**

- **Wipes and diapers**

PET DISASTER KIT

Whether you evacuate or shelter in place, make sure you have a plan in place for any pets. Here are essential items that should be in your pet's disaster preparedness kit:

- **Five days worth of food and water.**

One gallon of water per pet per day.

- **Food and water bowls**

- **Medications and copy of medical records**

- **Sturdy leash, harness and/or carrier**

- **Current photo of you with your pet(s) and description of your pet(s).**

KIT MAINTENANCE

Schedule periodic maintenance for your kit to ensure items are being utilized before they expire. For example, refresh food items, bottled water, and batteries every daylight savings time.

KIT STORAGE SUGGESTIONS

Your disaster preparedness kit should be stored in a portable container so it can easily be taken with you in the event of an evacuation.

- **Backpack**
- **Duffel bag**
- **Durable waterproof bin**

